



Triple P[®] - Positive Parenting Program

“Small Changes, Big Differences”

Triple P Ontario Network Peaks and Valleys of
Implementation

HFCC Feb. 4, 2016



WHO WE ARE.....

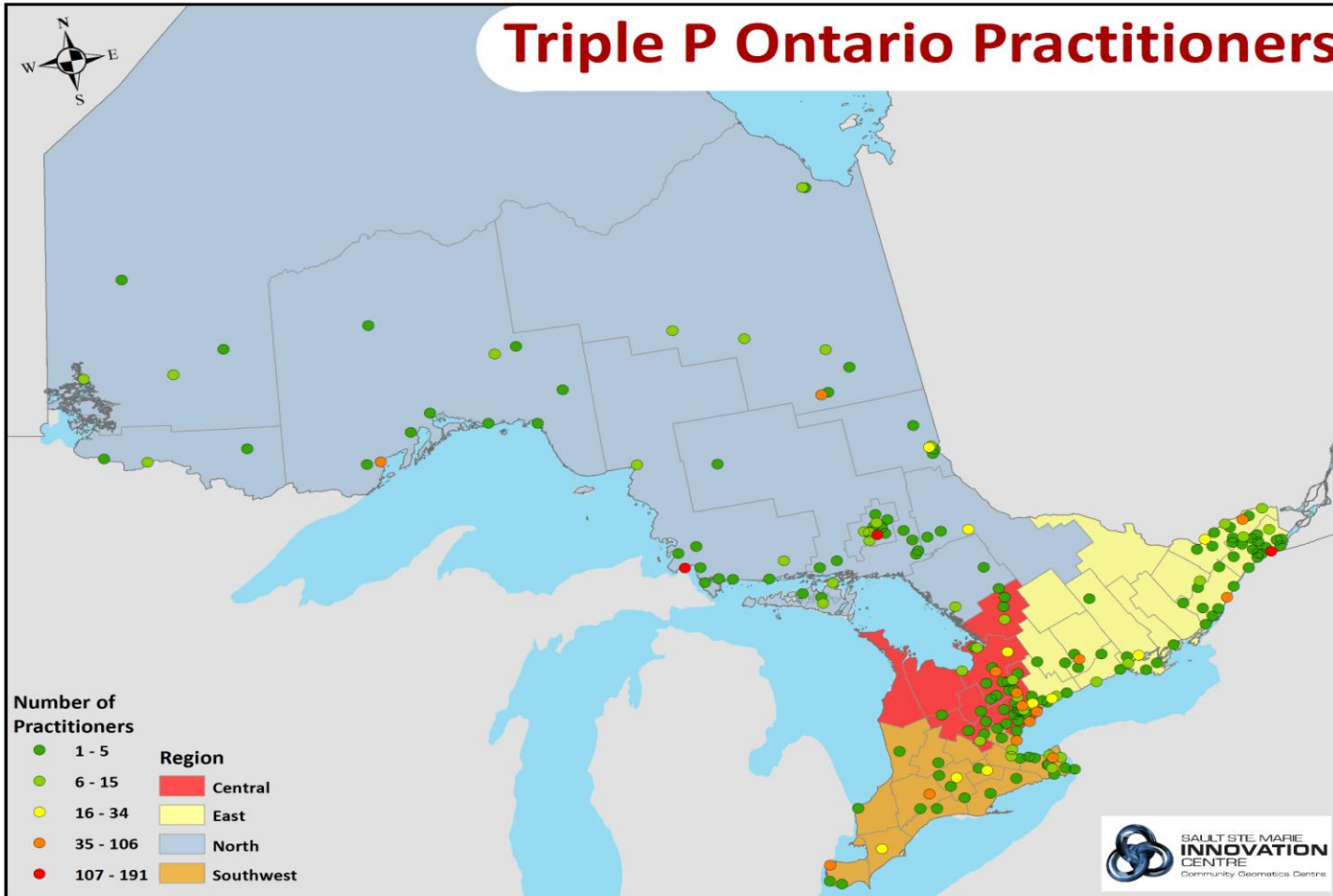
Triple P Ontario Network

- multi-sectoral
- voluntary
- 10 years + Halton Region - York Region and Simcoe County followed
- TPI support



WHERE WE ARE.....

Triple P Ontario Practitioners



for every parent

STRUCTURE OF THE NETWORK.....

Co-chair approach / Terms of Reference

Vision:

- Excellence in the provision of Triple P in Ontario

Mission:

- To increase the population reach of Triple P in Ontario through an effective, integrated network of Triple P partners



Setting the agenda.....

4.0 ACTION ITEMS –

4.1 Sub- Committee Working Group updates:

- **4.11 Ontario conference – Brenda**
- **4.12 Ontario database update – Jackie**
- **4.13 Strategic Planning- Julie**
- **4.14 Website Update – seeking new chair - discussion about move to Stay Positive - Facebook page settings and updates**

4.2 Network Group updates:

4.21 Education- update-

4.22 Stepping Stones- update

4.23 Clinical Supervision- update – -

4.24 Health- update-



BENEFITS AND CHALLENGES...

Tip Sheet Triple P Ontario Network

BEING AN IMPLEMENTATION COLLABORATIVE

Being an effective implementation collaborative is important and challenging work. The aim of a good implementation collaborative is to create sustainable systems for agencies to have the skills they will need to effectively deliver Triple P. Most implementation collaboratives are unprepared for what lies ahead and learn by trial and error. Unrealistic expectations and being unprepared can lead to extra challenges. This session gives suggestions based on the experiences of the Triple P Ontario Network (TPON) to help other implementation sites prepare and meet the challenges of implementing with flexibility and fidelity.

REFLECTIONS AND LIVED EXPERIENCE

Triple P in Ontario began in public health in 2003 (Halton Region). In 2005 a cross-sector, multi-agency (children's mental health, child protection, developmental services, education, health, public health, child care) implementation of Triple P began in York Region and Simcoe County, Ontario. These areas of the province are multi-cultural, both urban and rural and are spread out geographically, representative of many of the regions in Ontario. Since 2005, 20 regions across the province have emerged, representing over 150 agencies and 3,042 trained practitioners. Qualitative research in 2008 (Simcoe County Triple P Implementation Research) and in 2010 (Triple P York-Simcoe Supervisors' Survey),

confirmed structural developments (implementation committees, supervisor networks, professional development practice groups and task specific groups) and sustained implementation. The provincial network development is ever evolving and includes voluntary participation by regional and agency leads along with input from TPI and TPI Canada. Together we share in the development of symposia, conferences and training events for practitioners, supervisors and agency leaders. These activities serve to create, nurture and provide opportunity for shared learning. The events create support for normalizing parent education, reducing stigma and solidifying availability of evidence based parenting education. A Community Health Promotions grant in 2010/11 funded the website development and print materials. A Centre of Excellence in Children's Mental Health grant funded the development of the Triple P Scores database.

LEARNING TO BE AN IMPLEMENTATION COLLABORATIVE

Being an implementation network involves similar activities to learning to be a good parent. It has taken time to develop the knowledge and skills needed to promote the healthy development of the network. Each participant's approach is influenced by their training, agency mandates and experiences with implementing new practices in their organizations. Research about implementation also plays a role – influencing beliefs and expectations about what is possible. Each region has unique needs and challenges as well. There is no single right way to be a successful implementation network. The best we can do is to be informed and collaborate.

COMMON IMPLEMENTATION TRAPS (sound familiar?)

Unchecked implementation hazards can add stress, divert from achieving identified goals and generally make the implementation process more difficult.

- Paying too much attention to negative perspectives (eg. this program doesn't work; there is not enough time to implement; agencies are not interested). Lead by example and avoid accidentally rewarding problem behaviour by paying too much attention to it. (eg. welcome participants; be understanding when there are absences or projects are delayed).

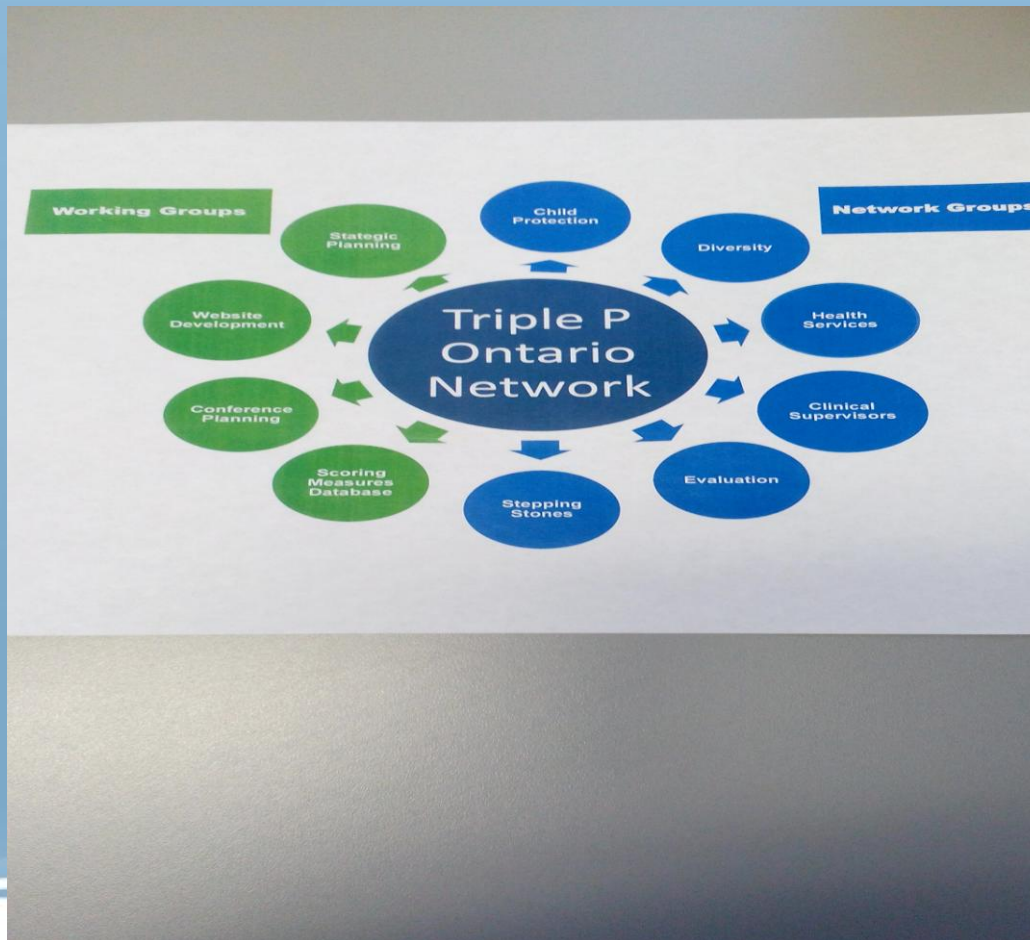


for every parent
Canada



for every parent

SUB_COMMITTEES and WORKING GROUPS



RESOURCES

Supporting fidelity to the model:

- Toolkit
- Website
- Ontario conferences (Toronto and Sault Ste. Marie)



Questions?

Thank you for the opportunity to tell you about
Triple P in Ontario

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