



## Triple P — Positive Parenting Program<sup>®</sup>



### Coaching Grant Activities Sonja Polz Implementation Coordinator - Alberta

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# Coaching Grant Activities



## Engagement, Commitment and Contracting

- Initial in-person sessions

## Implementation Planning, Maintenance and Sustainability

- Workshops
- Introduction / support for use of provider site, including communication functions
- Peer support sessions
- Mentoring (partnering)

## Training and Accreditation

- Accreditation preparation support
- Accreditation sessions

# What was successful?



- Establishing clarity around service delivery, developing ongoing – commitment
- Strong peer support in urban centres
- Focus on delivering the level of Triple P most appropriate for families and within setting
- Accreditation

# What challenges were presented?



- Triple P is only part of the work
- Small communities – hard to deliver groups (people know each other)
- Staff movement
- For rural practitioners: few or no local peers
- Special circumstances impacting Triple P delivery

# Next Steps Recommendations



- Cultural considerations
- Support to stay connected - within regions as well as provincially
- Engagement of practitioners and supervisors ahead of training
- Increased use of Triple P Online to be considered, in support of rural and remote “reach”
- Triple P Online codes for remote Practitioners