

Triple P in South Africa: Unity in Diversity

Dr. Msizi Dube - Cecile Winkelman, MA



South Africa a changing world from 1994



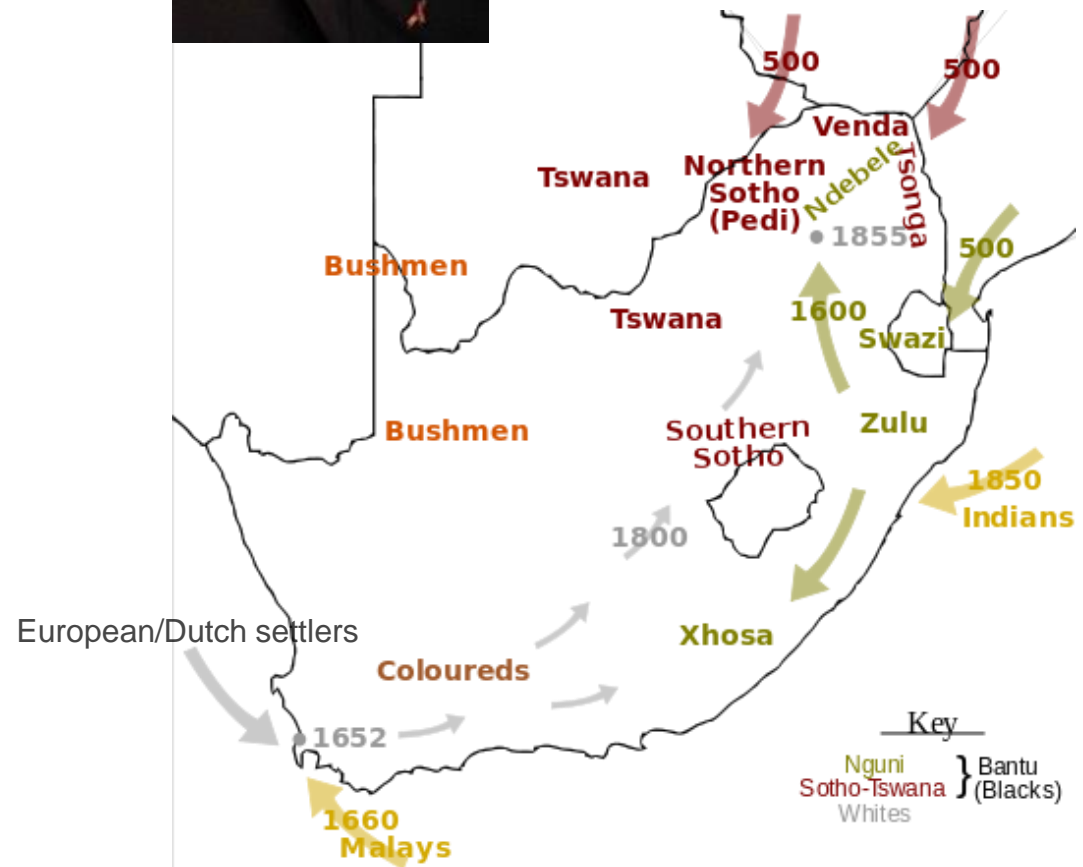
- 51.8 million South Africans, 80% black
- 11 official languages
- Solid foundation for democratic governance
- Improved access to education, health services, water, electricity, housing & social protection
- Decrease of extreme poverty
- Economic growth & expansion

(source United Nations)



Unity in Diversity: Rainbow Nation

- Language
- Tribes/ ethnicity
- Tradition
- Religion
- City & rural area
- Age
- Male & female
- Sexual diversity



Legacy of Apartheid on parenting



Family ties broken by Apartheid have not been consciously restored.

Black families are less aware of the importance of parenting and spending time with their children.



Parenting as a challenge in South Africa



- 50% of children do not pass matric
- HIV/AIDS pandemic – child headed families
- Substance abuse
- Sexual & gender based violence



Questions that arise on parenting in South Africa



- Is parenting known as a major influence on child development?
- Can a parenting program be a strategy within HIV/Aids prevention?
- What is the contribution of parents to the schoolsucces of their children?
- Where is the first place where children learn language, in school or at home?
- How to discipline your children?

South African parenting programs – Partners in implementation



Intervention Programme for the **ENHANCEMENT**
of **CHILDREN'S RESILIENCE**



THE KGOLO-MMOGO PROJECT

The banner for 'The KGOLO-MMOGO PROJECT' has a brown background. On the left is a logo of a green tree with yellow stars in its branches, and colorful figures of children holding hands at its base. To the right of the logo is the text 'Intervention Programme for the ENHANCEMENT of CHILDREN'S RESILIENCE'. Below this text are four small square photographs: a woman kissing a child on the cheek, a person on a boat on the water, a person riding a bicycle on a dirt road, and a child holding colorful blocks.

Matthew Goniwe
SCHOOL OF LEADERSHIP & GOVERNANCE

The banner for 'Matthew Goniwe SCHOOL OF LEADERSHIP & GOVERNANCE' has a yellow background. On the left is a stylized logo of a figure in a dynamic pose, possibly a runner or a leader, in shades of brown and yellow. To the right of the logo is the text 'Matthew Goniwe' in a large, bold, serif font, and 'SCHOOL OF LEADERSHIP & GOVERNANCE' in a smaller, bold, sans-serif font below it.

What can Triple P add to parenting in South Africa?



- ⇒ An effective preventive parenting program focused on behavioural change
- ⇒ A parenting program accessible for all parents and children in South Africa
- ⇒ Possible large implementation within the current structure to ensure sustainability
- ⇒ Enhance knowledge & skills on parenting by professionals through training & accreditation
- ⇒ Adaption and ownership of Triple P to fit the South African context

A diverse bottom-up approach



A diverse bottom-up approach in Gauteng Province



Local Coordination Organisation



Ubuntu Parenting, Family & Youth Support Institute

Umuntu ngumuntu ngabantu

“I am because you are, you are because we are”.

Pilot Project Triple P



- Pilot Partners:
Matthew Goniwe & City of Tshwane
- Local Coordinator:
Dr. Dube
- Local Coordination Organization:
Ubuntu Parenting, Family & Youth Institute
- Pilot Area
Gauteng Province/City of Tshwane
- Pilot Intervention:
Triple P level 4 group teens
- Monitoring & Evaluation
University of Pretoria
Unisa



Subject matter



In development

- Knowledge on parenting
- Contextualization of content
- Communication strategy
- Low & Middle class cost model

Established

- Engagement & Commitment
- Reach out to community: functioning democracy



9 Provinces of South Africa



Information & contact



Dr. Msizi Dube

***Local Coordinator Triple P
msiziD2@tshwane.gov.za***

Cecile Winkelman, MA

***Implementation Consultant & Trainer South Africa
cecile@triplep.net***

