

# Triple P Parenting and Corrections:

## The Manitoba Model



*for every parent*



Healthy Child Manitoba  
Putting children and families first

Manitoba 

# Healthy Child Manitoba

## Our Mission:



Healthy Child Manitoba works across departments and sectors to facilitate community development for the well-being of Manitoba's children, families, and communities.

With a priority focus on the prenatal, infant, toddler & preschool years



# Manitoba Corrections

## *Mandate:*

To contribute to public safety by:

- Managing offenders with the appropriate degree of control, supervision and support, and
- Providing appropriate programs, services and encouragement to assist offenders to deal with those issues which bring them into conflict with the law.



# Overview

- Research
  - How children are effected by parental incarceration
  - Numbers affected (U.S.A., Canada & local)
  - Effective programs for incarcerated parents
- Manitoba Model
  - Broadest possible reach
  - Principle of minimum sufficiency
  - Triple P Program formatted for corrections population



# Effects of Parental Incarceration on Children

- Paternal incarceration is only one in a series of negative life events that impact on the life of the child of an incarcerated father.
- Parent training has been shown to have important crime prevention aspects not only for the incarcerated father but also for the child.
- Other risk factors for children:
  - Loss of parental relationship
  - Secondary victimization
  - Antisocial behavior
  - Deterioration of living situation





# Scope of the Problem

- Estimates for the USA as many as 1.7 million children effected
- Correctional Service Canada indicates that 4.6% of Canadian children are effected by parental incarceration (Federal)
- In Manitoba there are 2310 adult males incarcerated on any one day. Our research indicates they have an average of 2.44 children for a potential total of 5636 children.
- In Manitoba there are 277 adult females incarcerated on any one day. Research regarding numbers of children to follow.



# Offenders as Parents

- Most parents plan to reunify with their children upon release although many fear that this will never happen
- A factor in post release success is maintaining strong family ties during incarceration
- Many are unprepared



# Choosing a Parenting Program

- Not management initiated
  - Unique
  - Response to demand from offenders in parental roles
- Manitoba Corrections searched for evidenced based programming and community partnership
- Healthy Child Manitoba was approached





# What's Unique About Programming in Custody?

- Focus on skills training while in custody
  - Facility logistics
  - Custody/Access
  - Behavioural change support would have reduced reach



# What's Unique About Programming in Custody?

- Program is delivered over 10 sessions (5 days):
  - Extensive role plays
  - Public Health component
  - Expanded self care component
  - Expanded handling misbehaviour
  - Cultural component
  - Delivered by corrections & community partners
- Take home video



# What's Unique About Programming in the Community?

- Support for behavioural implementation of parenting skills occurs in community
- Survey to look at types of supports preferred
- Mom's asking for programming in the community
- Utilizing the concept of least sufficiency
- Amount of involvement with each parent varies
- Partnerships still being expanded
- Did not anticipate degree of existing demand from partners



# Outcomes

- Full scale evaluation yet to come
- Survey conducted
- Additional observations



# What Did They Want to Share About Themselves?

- 35% involved in foster care
- Average age - 30
- 85% indicated they had a positive role model while growing up
- 35% were employed
- 66% did not graduate high school
- 50% identified substance use impacted their ability to be the kind of parent they would like to be





# What Did They Want to Share About Themselves?

- Ethnicity was important to them
  - 73% identified as First Nations
  - 6% identified as Visible Minority
  - 16% identified as non-Aboriginal
  - 5% did not indicate ethnicity



# In Conclusion

- All members of the family are effected by criminal behaviour and involvement with the criminal justice system
  - Effects can be life long
- No one system will provide all solutions for recidivism
- Offenders return to families and communities and these systems need to be part of the solution
- Programs need to be available in custody and in the community



# Contact Us

Laureen Fulham

Triple P Co-ordinator, Winnipeg & Rural Regions

Healthy Child Manitoba

[Laureen.Fulham@gov.mb.ca](mailto:Laureen.Fulham@gov.mb.ca)

Bridget Kozyra

Women's Correctional Centre

Manitoba Justice

[Bridget.Kozyra@gov.mb.ca](mailto:Bridget.Kozyra@gov.mb.ca)



# Triple P Parenting and Corrections: The Manitoba Model

*Strengthening Families and Building Healthy  
Communities*

