



Institute for Applied
Health Research

Parenting interventions for chronic childhood conditions

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Parenting of children with a chronic condition

Need for support is evident

- Parenting skills
- Family support
- Condition management

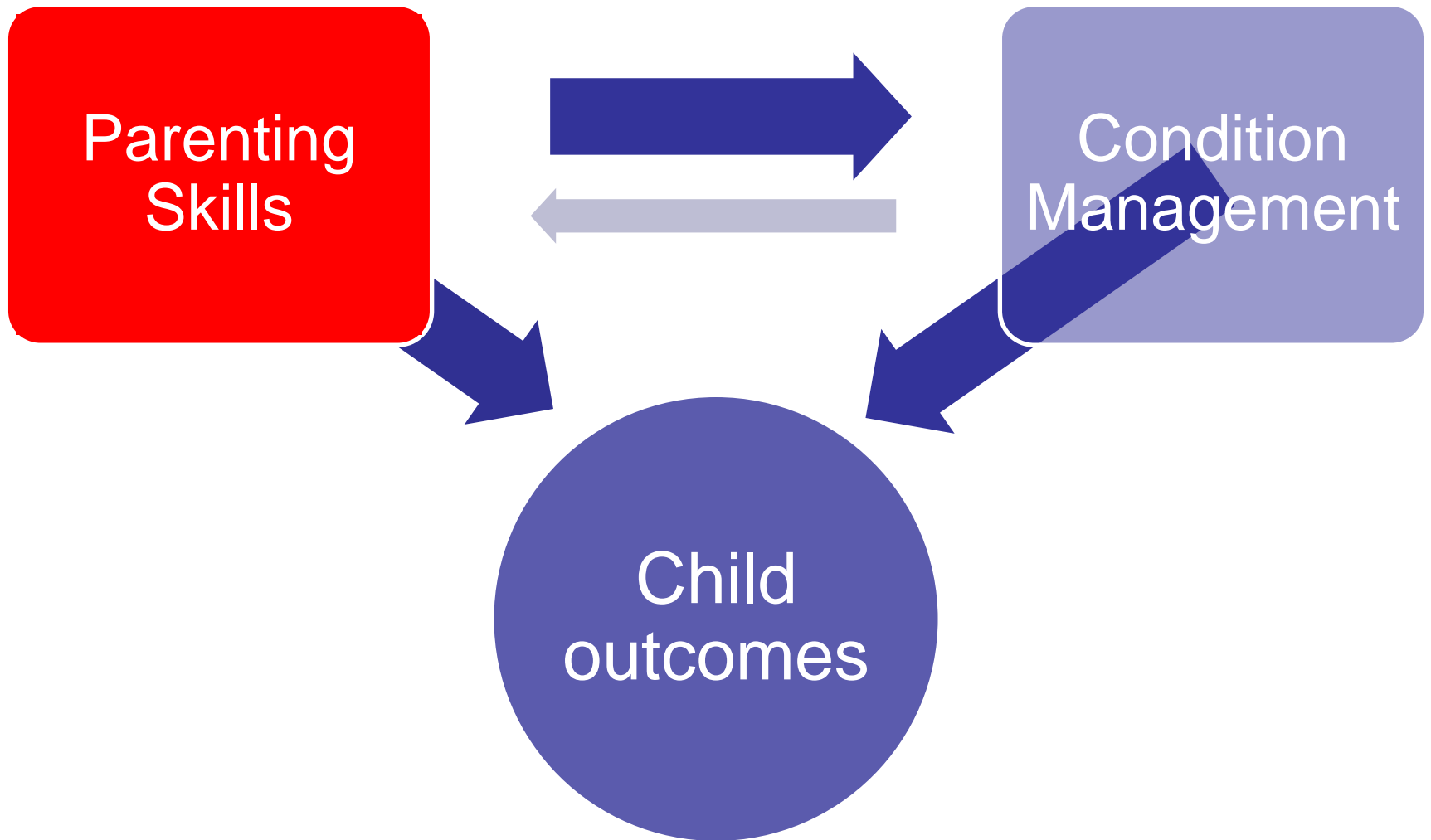
Unanswered questions

- ? **Should interventions be condition-specific or generic**
- ? **What should be the primary outcome**
- ? **Should they be parent-focused or involve the child and/or wider family**

Should interventions be condition-specific or generic?

- Are parent adjustment problems generic across chronic, long term conditions?
- Evidence from Stepping Stones
 - Embarrassment
 - Belief that the child's needs are different
- Evidence from the self-management literature
 - Evidence that condition-specific interventions have:
 - Higher rates of attendance & completion
 - Rated as being more relevant by participants
 - Generic and condition-specific interventions are both effective
- Is it all about the marketing?

What should be the primary outcome?



Should they be parent-focused or involve the child or wider family?

- Resilience Triple P
- Bridging the gap between parent management and self-management

Your observations, comments and questions